

# 3ª CORRIDA MARTINÓPOLIS PRAIA RUN

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## FAIXA ETARIA - 5K FEM

### FEMININO DE 00 ATÉ 24 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
1	896	LIVIA FERNANDES SILVA	F	15	F0024	S	.	PE NO CHAO	00:30:04.193	00:30:34.193
2	787	FABRIZIA ASANUMA	F	21	F0024	S	.	FLORINEA RUNNING	00:30:57.603	00:31:07.603
3	952	CLARA GEOVANA D PEREIRA	F	20	F0024	S	.		00:33:02.167	00:33:19.167
4	801	MARIA EDUARDA BOLZAN	F	24	F0024	S	.	GEMEOS RUNNERS	00:35:21.355	00:35:21.355
5	716	MELISSA REGES	F	18	F0024	S	.	ATLETISMO RINOPOLIS	00:36:11.934	00:36:11.934
6	658	BRUNA STHEFANI MATA DE LIMA	F	24	F0024	S	.	ACADEMIA PRO-SAUDE	00:36:46.300	00:37:13.300
7	794	PAOLA MUNHOZ	F	24	F0024	S	.	FLORINEA RUNNING	00:37:55.079	00:38:17.079
8	968	ISA RAISSA SILVA	F	23	F0024	S	.		00:41:42.490	00:42:15.490
9	673	MARIA VITORIA PRETELLI	F	19	F0024	S	.	ACADEMIA PRO-SAUDE	00:47:48.240	00:48:18.240

### FEMININO DE 25 ATÉ 29 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
1	849	ALINE DE PAULA SANTOS	F	29	F2529	S	.	PARAGUACU RUNNERS	00:28:30.294	00:28:53.294
2	675	SHARON GONCALVES	F	27	F2529	S	.	ACADEMIA PRO-SAUDE	00:28:49.583	00:29:04.583
3	955	DEBORA THOMAZ DE ALMEIDA	F	28	F2529	S	.		00:29:01.610	00:29:12.610
4	943	AMANDA WHITAKER PIAI	F	28	F2529	S	.		00:30:04.322	00:30:33.322
5	711	ISABELA DIAS LADEIA	F	27	F2529	S	.	ATLETISMO RINOPOLIS	00:30:41.045	00:30:50.045
6	993	SABRINA EDVIGE DE J. DA S. LOUREIRO	F	27	F2529	S	.		00:31:08.934	00:31:29.934
7	969	ISABELA STELA RAMOS	F	27	F2529	S	.		00:31:11.919	00:31:35.919
8	805	ANA LUIZA INACIO NUNES	F	27	F2529	S	.	GEMEOS RUNNERS	00:31:49.364	00:32:07.364
9	868	LUALE NOGUEIRA	F	29	F2529	S	.	PARAGUACU RUNNERS	00:32:00.122	00:32:23.122
10	665	GIOVANA TORRES DE A C B GALINDO	F	29	F2529	S	.	ACADEMIA PRO-SAUDE	00:32:37.263	00:36:54.263
11	640	SABRINA NUNES DE LIMA	F	25	F2529	S	.	HARD FIT	00:34:26.325	00:34:51.325
12	631	MILENA CAROLINE MILANI	F	25	F2529	S	.	HARD FIT	00:34:27.634	00:34:51.634
13	699	THAIS CRISTINA R DA SILVA	F	26	F2529	S	.	MAP RUNNING	00:35:23.704	00:35:44.704
14	789	GEOVANA BERTO	F	25	F2529	S	.	FLORINEA RUNNING	00:36:38.330	00:36:48.330
15	961	GABRIELLE MACHADO T DOS SANTOS	F	28	F2529	S	.		00:36:52.052	00:37:12.052
16	356	ALINE LOPES DE OLIVEIRA	F	28	F2529	S	.	HARD FIT	00:39:34.056	00:39:57.056
17	728	THALITA LOZANO	F	28	F2529	S	.	BIRO BALDO	00:42:08.630	00:42:24.630
18	845	NATALIA AP DO NASCIMENTO SOUZA	F	29	F2529	S	.	OS BENTOS	00:42:16.155	00:42:29.155
19	945	ANA LUIZA MACEDO GUILHERME	F	29	F2529	S	.		00:44:07.270	00:44:20.270
20	997	TAIS DAIANE DE SOUZA REIS	F	29	F2529	S	.		00:45:25.397	00:45:37.397

### FEMININO DE 30 ATÉ 34 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
1	852	ANDREZA PENA DA SILVA	F	30	F3034	S	.	PARAGUACU RUNNERS	00:25:01.029	00:25:05.029
2	660	DARLENE MOREIRA DOS SANTOS	F	31	F3034	S	.	ACADEMIA PRO-SAUDE	00:25:28.448	00:25:33.448
3	861	GISLAINE MARIA DA SILVA	F	30	F3034	S	.	PARAGUACU RUNNERS	00:27:07.069	00:27:14.069
4	941	SIMONE DA COSTA S BOCCHI	F	34	F3034	S	.	W.E ASSESSORIA	00:28:26.693	00:28:34.693
5	909	JAQUELINE CRISTINA NOGUEIRA	F	34	F3034	S	.	PERDIDOS EM ACAO	00:28:58.341	00:29:12.341
6	600	ISABELA PATRICIA M DIEL	F	34	F3034	S	.	CORRE JUNTO	00:29:08.455	00:29:34.455
7	842	TABATA BELLE SANTANA	F	32	F3034	S	.	MYMOVE	00:30:06.880	00:30:27.880
8	800	LARISSA SILVA NEVES	F	32	F3034	S	.	GEMEOS RUNNERS	00:30:08.621	00:30:25.621
9	403	ANA CARLA PASSAMANI	F	34	F3034	S	.	PERCINOTO GYM	00:30:10.913	00:30:19.913
10	674	RAQUEL RODRIGUES DA SILVA	F	31	F3034	S	.	ACADEMIA PRO-SAUDE	00:31:12.343	00:31:44.343
11	668	JESSICA COSTA MORAIS SOARES	F	32	F3034	S	.	ACADEMIA PRO-SAUDE	00:31:12.519	00:31:44.519
12	719	THAIS MICHELE R DE LIMA	F	31	F3034	S	.	ATLETISMO RINOPOLIS	00:31:42.140	00:31:51.140
13	810	NAIARA LEANDRO VERONESE	F	34	F3034	S	.	GEMEOS RUNNERS	00:32:51.481	00:33:08.481
14	433	ANA PAULA DUARTE PINHEIRO	F	31	F3034	S	.	HARD FIT	00:33:25.991	00:33:56.991
15	753	AMANDA DE OLIVEIRA MACEDO	F	33	F3034	S	.	MAP RUNNING	00:33:34.060	00:33:54.060
16	405	ANA CLARA DE CAMPOS BRANDAO	F	34	F3034	S	.	DEREM	00:33:50.336	00:34:25.336
17	754	JOSIMARA JORGINA L GRILLO	F	32	F3034	S	.	MAP RUNNING	00:34:37.021	00:34:57.021
18	879	TAIS ALEIXO DOS SANTOS PENA	F	31	F3034	S	.	PARAGUACU RUNNERS	00:34:56.015	00:35:15.015
19	828	BRUNA ORBOLATO	F	34	F3034	S	.	MAP RUNNING	00:35:43.984	00:36:03.984
20	876	RAFAELA RIBEIRO DA COSTA	F	32	F3034	S	.	PARAGUACU RUNNERS	00:35:51.154	00:35:51.154
21	907	GABRIELA RIBEIRO ROSA	F	33	F3034	S	.	PE NO CHAO	00:36:00.355	00:36:16.355
22	612	JULIANA SANTOS LEOCADIO	F	33	F3034	S	.	PERCINOTO GYM	00:39:38.012	00:39:38.012
23	690	ELIS MARIA DUTRA SIMOES	F	33	F3034	S	.	ALLIANZ TRAINING	00:39:54.627	00:40:15.627
24	994	SIGRIDY M. ROMANI P BETIN	F	33	F3034	S	.		00:49:08.045	00:49:39.045

### FEMININO DE 35 ATÉ 39 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
1	893	JAQUELINE LIMA DOS SANTOS	F	37	F3539	S	.	PE NO CHAO	00:23:08.988	00:23:14.988
2	924	ELOISA MORAES	F	37	F3539	S	.	SPEED RUN	00:25:06.117	00:25:14.117
3	788	FATIMA SARA GOMES	F	37	F3539	S	.	FLORINEA RUNNING	00:26:27.854	00:26:30.854
4	735	RAQUEL VESSONI	F	39	F3539	S	.	CAPTOM	00:26:45.086	00:27:04.086
5	998	VANESSA REGINA DA SILVEIRA	F	38	F3539	S	.		00:27:31.711	00:27:37.711
6	878	SUELLEM AVILA	F	38	F3539	S	.	PARAGUACU RUNNERS	00:27:39.092	00:27:54.092
7	950	CAMILA FERNANDES DA SILVA	F	37	F3539	S	.		00:27:41.312	00:28:01.312

8	687	THAMIRIS DE OLIVEIRA E SILVA	F	35	F3539	S .	AGUIA	00:28:14.820	00:28:21.820
9	2826	PRISCILA LOMAS MALACRIDA	F	37	F3539	S .	STUDIO DE PILATES CORPOE ALMA	00:29:14.603	00:29:37.603
10	692	JOSIANE BARCELOS GRILLO	F	38	F3539	S .	ALLIANZ TRAINING	00:29:37.682	00:29:59.682
11	874	PATRICIA AP. ALMEIDA DE ABREU	F	35	F3539	S .	PARAGUACU RUNNERS	00:30:08.367	00:30:14.367
12	488	CRISTIANE R DA COSTA NOGUEIRA	F	35	F3539	S .	CORRE JUNTO	00:30:12.256	00:30:18.256
13	643	SOLANGE JULIAO DE SANTANA	F	36	F3539	S .	HARD FIT	00:30:49.470	00:31:17.470
14	632	MONICA DE OLIVEIRA CORREA	F	39	F3539	S .	SITE	00:31:45.538	00:32:20.538
15	877	SAMANTA C DE SOUZA AVILA	F	36	F3539	S .	PARAGUACU RUNNERS	00:32:22.156	00:32:37.156
16	816	MARIELLE ZAMARIOLLI	F	35	F3539	S .	GEMEOS RUUNERS	00:32:26.879	00:32:45.879
17	986	NATALIA CRISTINA V S MACHADO	F	36	F3539	S .		00:32:37.067	00:33:05.067
18	776	ANDREIA BOARETTI MASSARELLI	F	37	F3539	S .	DRACENA RUNNERS	00:33:05.225	00:33:21.225
19	841	VANESSA FERNANDA DALAQUA S	F	37	F3539	S .	MULHERES MARAVILHOSAS	00:34:27.790	00:34:43.790
20	603	JAQUELINE R DOS SANTOS MOURA	F	39	F3539	S .	HARD FIT	00:34:29.680	00:35:03.680
21	688	ALINE ARIANE ROBLES GOMES	F	35	F3539	S .	ALLIANZ TRAINING	00:35:37.838	00:35:59.838
22	650	VANESSA APARECIDA BUENO RIOS	F	37	F3539	S .	HARD FIT	00:36:05.705	00:38:06.705
23	442	BRUNA CALIANDRA P TUDISCO	F	37	F3539	S .	HARD FIT	00:36:24.259	00:36:51.259
24	996	SUELYN JAEGER SILVA	F	36	F3539	S .		00:37:54.545	00:38:16.545
25	595	GLENDA GONCALVES DE SOUZA	F	38	F3539	S .	HARD FIT	00:38:36.111	00:39:02.111
26	949	ARIZE JULIANI	F	35	F3539	S .		00:41:53.720	00:42:05.720
27	661	DENISE MITIKO KAIDA	F	35	F3539	S .	ACADEMIA PRO-SAUDE	00:42:08.897	00:42:39.897
28	319	ALINE CRISTINA DE A SANTOS	F	36	F3539	S .	DEREM	00:42:48.085	00:43:13.085
29	976	LETICIA MICHELLI DA V TURATO	F	36	F3539	S .		00:44:11.986	00:44:23.986
30	492	CRISTINA AP DOS SANTOS SILVA	F	37	F3539	S .	CORRE JUNTO	00:49:13.399	00:49:13.399

### FEMININO DE 40 ATÉ 44 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
1	733	ELIZANGELA CRISTINA F DE L MENDES	F	42	F4044	S .		CAPTOM	00:24:34.564	00:24:36.564
2	809	LANA ESTEVAO COBRA	F	42	F4044	S .		GEMEOS RUNNERS	00:25:34.782	00:25:51.782
3	791	JOICE DE CASSIA	F	42	F4044	S .		FLORINEA RUNNING	00:27:10.456	00:27:16.456
4	761	TALITA MUNIQUE R OLIVEIRA	F	44	F4044	S .		CORRER BEM ASSESSORIA	00:27:16.432	00:27:25.432
5	756	FRANCIANE PEREIRA DE MENEZES	F	41	F4044	S .		MAP RUNNING	00:27:52.823	00:28:01.823
6	804	VANESSA LEIKO T BOTTAZZO	F	44	F4044	S .		GEMEOS RUNNERS	00:28:53.015	00:29:09.015
7	652	VIVIANE DE CAMPOS SILVA	F	42	F4044	S .		DEREM	00:29:06.260	00:29:34.260
8	786	DANIELA GUIMARAES	F	40	F4044	S .		FLORINEA RUNNING	00:29:27.386	00:29:35.386
9	954	DAIANE ESTELA MOREIRA DA SILVA	F	40	F4044	S .			00:29:40.371	00:29:46.371
10	441	ANGELA DE ALMEIDA	F	40	F4044	S .		DEREM	00:30:14.863	00:30:19.863
11	892	GIOVANNA PEREIRA F SILVA	F	43	F4044	S .		PE NO CHAO	00:30:15.164	00:30:41.164
12	502	DANIELA LETICIA DA S DOS SANTOS	F	42	F4044	S .		DEREM	00:30:15.257	00:30:20.257
13	911	CRISTIANE BRANCO OLIVEIRA	F	43	F4044	S .		PINGUINHA ASSESSORIA	00:30:25.119	00:30:39.119
14	476	CRISLAINE AP SANCHES SOUZA	F	41	F4044	S .		PERCINOTO GYM	00:30:32.703	00:30:41.703
15	914	TATIANE FRANCISCATI	F	40	F4044	S .		PINGUINHA ASSESSORIA	00:31:09.309	00:31:24.309
16	651	VANESSA TEIXEIRA FELIX	F	41	F4044	S .		DEREM	00:31:46.999	00:32:15.999
17	744	JOSIANE LIMA SILVA SANCHES	F	44	F4044	S .		COLORADO RUNNING	00:32:09.231	00:32:19.231
18	958	ELAINE DANTAS	F	42	F4044	S .			00:32:28.603	00:33:01.603
19	765	CLAUDIA PEREIRA QUEIROZ	F	44	F4044	S .		DO RATAO	00:34:05.887	00:34:09.887
20	666	IVONE SANTANA VOM STEIN	F	40	F4044	S .		ACADEMIA PRO-SAUDE	00:35:33.565	00:36:54.565
21	759	ALINE AP VITORINO CORREA	F	44	F4044	S .		CORRER BEM	00:35:59.356	00:36:15.356
22	715	MARGARETE REGES DA SILVA	F	43	F4044	S .		ATLETISMO RINOPOLIS	00:36:15.083	00:36:15.083
23	642	SELMA SUEMI TANIGARATA	F	42	F4044	S .		DEREM	00:36:34.453	00:36:50.453
24	727	DANIELE ZANDONA	F	40	F4044	S .		MAP RUNNING	00:39:18.646	00:39:35.646
25	808	JAMILE TAVARES	F	41	F4044	S .		GEMEOS RUNNERS	00:42:45.399	00:43:04.399
26	637	ROBERTA DE S MENEZES FERRO	F	41	F4044	S .		DEREM	00:44:12.974	00:44:41.974
27	812	SUZANA MASSARELI	F	41	F4044	S .		GEMEOS RUNNERS	00:46:51.345	00:46:51.345
28	644	TANIA HONORIO SANCHES	F	42	F4044	S .		HARD FIT	00:47:04.970	00:49:58.970
29	614	KARIN APARECIDA ALVES	F	44	F4044	S .		DEREM	00:47:29.921	00:48:01.921

### FEMININO DE 45 ATÉ 49 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
1	850	ANA ANTONIA DA SILVA	F	46	F4549	S .		PARAGUACU RUNNERS	00:25:25.319	00:25:29.319
2	843	ANGELA MARIA DA SILVA	F	47	F4549	S .		NO LIMITE 2	00:27:23.051	00:27:39.051
3	926	SANDRA AP DE MORAIS DA SILVA	F	45	F4549	S .		STUDIO FIT EMYLI REGINA	00:27:52.223	00:28:00.223
4	751	CRISTIANE DOS SANTOS AMORIM	F	46	F4549	S .		MAP RUNNING	00:28:20.751	00:28:25.751
5	936	ROSANGELA BUENO EVANGELISTAS	F	46	F4549	S .		TEAM NO LIMITE	00:31:47.201	00:32:12.201
6	803	TATIANA OLGADO M PENA	F	47	F4549	S .		GEMEOS RUNNERS	00:32:45.273	00:33:04.273
7	513	DANIELLE CRISTINE O DAINEZ	F	46	F4549	S .		HARD FIT	00:33:57.000	00:34:02.000
8	615	KARINE SANTOS MARTINS	F	47	F4549	S .		DEREM	00:34:00.923	00:34:28.923
9	639	ROSELI CRISTIANE APOLINARIO	F	46	F4549	S .		HARD FIT	00:34:13.807	00:34:41.807
10	960	GABRIELLE CRISTINE SIQUEIRA	F	49	F4549	S .			00:35:05.200	00:35:25.200
11	806	DANIELA FORMANGIO FERREIRA	F	48	F4549	S .		GEMEOS RUNNERS	00:37:29.506	00:37:46.506
12	910	MARTA REGINA TAVARES GARCIA	F	48	F4549	S .		PERSONAL CLAUDIA	00:42:00.742	00:42:48.742
13	617	LIGIA NASTARI PINZAN	F	49	F4549	S .		DEREM	00:45:47.547	00:46:17.547
14	252	ADRIANA VASCONCELOS GIMENES	F	49	F4549	S .		DEREM	00:45:51.631	00:46:21.631
15	619	LUCIA MARIA DOS S FRANCO	F	48	F4549	S .		HARD FIT	00:48:09.207	00:50:01.207
16	645	TANIA NASTARI PINZAN	F	47	F4549	S .		DEREM	00:49:52.240	00:50:20.240

### FEMININO DE 50 ATÉ 54 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
1	951	CIBELE GRANDE DI SANTI	F	54	F5054	S .			00:24:30.378	00:24:38.378
2	937	ANDREIA MARIA S DUARTE	F	51	F5054	S .		TEAM NO LIMITE 2	00:27:32.587	00:27:55.587
3	770	ROSEMAR PEREIRA DE OLIVEIRA	F	52	F5054	S .		DO RATAO	00:28:02.582	00:28:05.582

4	840	SIMONE ANTONIA R PINHEIRO	F	50	F5054	S .	MULHERES MARAVILHOSAS	00:28:53.360	00:28:58.360
5	913	MARCIA GUIOTTI	F	52	F5054	S .	PINGUINHA ASSESSORIA	00:31:52.005	00:32:06.005
6	867	KELLY CRISTINA DOS S. SALOMAO	F	54	F5054	S .	PARAGUACU RUNNERS	00:33:39.405	00:33:50.405
7	641	SANDRA RODRIGUES DA SIVA	F	51	F5054	S .	DEREM	00:35:13.156	00:35:37.156
8	586	ELAINE FERREIRA STRAIOTO	F	50	F5054	S .	DEREM	00:40:06.208	00:40:12.208
9	813	VANESSA MARINHO	F	50	F5054	S .	GEMEOS RUNNERS	00:42:35.337	00:42:52.337
10	814	VANESSA RIBEIRO G ORTEGA	F	52	F5054	S .	GEMEOS RUNNERS	00:46:48.038	00:46:48.038

### FEMININO DE 55 ATÉ 59 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
	1	743	EDIMARA ILAINE C VALERIO	F	57	F5559	S .	COLORADO RUNNING	00:27:19.347	00:27:26.347
	2	992	ROSELI EVARISTO DE SOUZA	F	55	F5559	S .		00:30:15.051	00:30:17.051
	3	734	MARIA HELENA DA SILVA	F	56	F5559	S .	CAPTOM	00:31:42.248	00:31:45.248
	4	2825	ROSIMEIRE ALCANTARA	F	58	F5559	S .	STDIO DE PILATES CORPO E ALMA	00:44:40.030	00:45:06.030

### FEMININO DE 60 ATÉ 64 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
	1	746	SEBASTIANA LUISA OMORI	F	61	F6064	S .	COLORADO RUNNING	00:31:11.873	00:31:12.873
	2	854	DALVA ROSA DIAS DOS SANTOS	F	61	F6064	S .	PARAGUACU RUNNERS	00:34:05.242	00:34:09.242

### FEMININO DE 65 ATÉ 69 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
	1	834	MARIA LUCIA FELIPE	F	66	F6569	S .	MEGA ACADEMIA	00:26:37.792	00:26:52.792
	2	593	GENILDES DE SANTANA SANTOS	F	69	F6569	S .	DEREM	00:33:21.976	00:33:29.976
	3	771	ASCENCAO A MARTINS MODANEZ	F	67	F6569	S .	DRACENA RUNNERS	00:33:32.970	00:33:58.970
	4	649	VALDELIZA RODRIGUES SANTANA	F	65	F6569	S .	DEREM	00:34:09.719	00:34:18.719

### FEMININO DE 70 ATÉ 99 ANOS

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
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