

# 1ª CORRIDA CAPITAL DO RODEIO – COLORADO PR

## 5K FEM

Pos	Num	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Tempo
1	173	GLEICELENA CAVALHEIRO ELEUTERIO	F	30	F3034	-		CLUBE DE CORRIDA EMA	00:19:02.112
2	227	KEROLEN FERNANDA	F	36	F3539	-		KEROLEN PERSONAL	00:20:13.185
3	428	VANESSA BRIGIDO VICENTE	F	43	F4044	-		BELIEVE RUN	00:21:48.186
4	427	VANESSA ARIELA	F	41	F4044	-		SUPERACAO RUN	00:21:51.749
5	104	DANIELE URBANO DOS S. ZANUSSO	F	41	F4044	-		SUPERACAO RUN	00:22:08.546
6	200	JOCYANE SATOMI TACHIBANA	F	35	F3539	-	MP	PROJETO ARTE E VIDA	00:22:32.731
7	11	ADRIANA CAETANO BARBOZA	F	51	F5054	1		VIDA CORRIDA	00:22:33.784
8	188	IVONETE DIAS	F	51	F5054	2		CORRA NA A.T.I.	00:22:43.131
9	409	TALITA LOUZARDO OLER	F	37	F3539	1		ACTION RUNNING	00:23:38.941
10	352	RENATA DA SILVA M. ANTONIO	F	40	F4044	1		CLUBE 12 KM	00:23:56.214
11	172	GISELLE CRISTINA R. DE CARVALHO	F	33	F3034	1		SEM	00:24:03.258
12	303	MARLENE APARECIDA DE OLIVEIRA	F	53	F5054	3		ACORREMAR	00:24:15.758
13	22	BRUNA MARTINS CANONICI	F	25	F2529	1		LOBO ASSESSORIA	00:24:18.391
14	353	RENATA TAVARES	F	35	F3539	2		SUPERACAO RUN	00:24:18.751
15	395	SOLANGE ORTEGA HARADA	F	52	F5054	4		VIDA CORRIDA	00:24:25.308
16	302	MARIZA GUIRELI	F	44	F4044	2			00:24:35.245
17	66	CAMILA MORAES	F	39	F3539	3		OS TUCANOS	00:24:39.352
18	398	SONIA MAYS BATISTA SANTOS	F	63	F6064	1		CLUBE DE CORRIDA EMA	00:24:49.118
19	226	KELLI HARUMI KOSHIKUMO	F	39	F3539	-	MP	PROJETO ARTE E VIDA	00:24:52.936
20	296	MARIELEM CRISTINA DE S. MOIA	F	40	F4044	3		PROJETO ARTE e VIDA	00:24:53.031
21	102	DANIELA MORIS	F	39	F3539	4			00:25:01.388
22	109	DARINE FERNANDES BARBI ARAUJO	F	33	F3034	2		POLICIA MILITAR	00:25:08.456
23	144	ELZA MARIA DA SILVA RUIZ	F	54	F5054	5		ACORREMAR	00:25:17.213
24	56	ARINADI DE CASTRO OLIVEIRA	F	31	F3034	3		CORPO E ACAO	00:25:21.418
25	408	TALITA ALVES G. DE OLIVEIRA	F	37	F3539	5		CLUBE DE CORRIDA EMA	00:25:34.400
26	411	TATIANE ANACLETO	F	39	F3539	6		SUPERACAO RUN	00:25:35.020
27	32	ANA PAULA DOS SANTOS	F	43	F4044	4		INSTITUTO VC RUN	00:25:38.435
28	432	VANILDA VIEIRA F. SANTOS	F	44	F4044	5		CORRA MARINGA	00:25:42.000
29	150	ESTEFANI ALVES DA SILVA	F	31	F3034	-	MP	PROJETO ARTE E VIDA	00:25:44.285
30	372	ROSEMEIRE FRANCO	F	44	F4044	6		SUPERACAO RUN	00:25:45.055
31	379	SARA ASCENCIO	F	32	F3034	-	MP		00:25:45.155
32	13	ADRIELI DE SOUSA DA S. PAVINATI	F	32	F3034	4			00:25:46.568
33	431	VANILCE MARIA GOZZO	F	53	F5054	6		ACORREMAR	00:25:59.009
34	317	NEIDE TOMINAGA VAZ	F	63	F6064	2		MARINGA RUNNERS	00:26:04.923
35	258	LUCY INOUE	F	51	F5054	-	MP	PROJETO ARTE E VIDA	00:26:19.417
36	371	ROSANGELA SILVA	F	49	F4549	1		KEROLEN PERSONAL	00:26:20.560
37	393	SIMONE SAKAKIBARA DA CRUZ	F	48	F4549	2		CORRA MARINGA	00:26:44.160

# 1ª CORRIDA CAPITAL DO RODEIO – COLORADO PR

## 5K FEM

38	122	EDIMARA ILAINE C. VALERIO	F	56	F5559	1		PROJETO ARTE e VIDA	00:26:47.604
39	136	ELIANE APARECIDA G. INOUE	F	49	F4549	3			00:26:49.676
40	423	VALDETE GERALDO	F	49	F4549	4		CARLAO FLORAI PERSONAL	00:26:59.996
41	291	MARIA LUCIA DOS SANTOS	F	62	F6064	3		CORPO E ACAO	00:27:05.647
42	270	MARCIA BATISTA DA MOTA	F	37	F3539	7		VIDA CORRIDA	00:27:11.734
43	211	JOSENEIDE SIMOES MOURA	F	54	F5054	7		ACORREMAR	00:27:22.664
44	61	BERE SILVA	F	39	F3539	8			00:27:30.450
45	415	TAUANE GABRIELE MOTA	F	24	F2024	1			00:27:37.996
46	284	MARIA DA CONCEICAO DE OLIVEIRA	F	53	F5054	8			00:27:38.065
47	447	WALDERIS ACETI	F	50	F5054	9		CLUBE DE CORRIDA EMA	00:27:53.725
48	127	EDNA FRANCISCA DOS SANTOS	F	45	F4549	5		PROJETO ARTE e VIDA	00:28:03.179
49	322	NEUZA LELIS DOS SANTOS	F	59	F5559	2		MEXA-SE	00:28:08.897
50	289	MARIA GORETH X. ARAGAO	F	55	F5559	3		ACORREMAR	00:28:10.157
51	331	PALOMA MACIEL	F	33	F3034	5		ACORREMAR	00:28:12.595
52	120	EDILENE APARECIDA DOS SANTOS	F	55	F5559	4		RP RUNNERS BRASIL	00:28:13.289
53	111	DEBORA APARECIDA DA CUNHA	F	41	F4044	7		ACORREMAR	00:28:18.375
54	182	INGRIDT PABLOS	F	27	F2529	2		SUPERACAO RUN	00:28:22.261
55	391	SIMONE ORTEGA	F	49	F4549	6		VIDA CORRIDA	00:28:22.859
56	253	LUCILENE AP. VIEIRA CARDOSO	F	45	F4549	7		CC RACE	00:28:44.202
57	256	LUCINEIDE LEOCADIO	F	53	F5054	10		KEROLEN PERSONAL	00:28:45.686
58	399	SONIA REGINA DA SILVA BERTI	F	54	F5054	11		OS TUCANOS	00:28:48.680
59	320	NEUSA PEREIRA	F	57	F5559	5		CORRA NA A.T.I.	00:28:55.090
60	239	LETICIA GUIRELI INOUE	F	27	F2529	3			00:28:59.394
61	16	ALESSANDRA CRISTINA BERGAMO	F	46	F4549	8		CORPO E ACAO	00:28:59.590
62	68	CARLA GONCALVES NERIS	F	38	F3539	9		C10	00:29:03.947
63	83	CLARICE BICUDO	F	53	F5054	12		SUPERACAO RUN	00:29:08.272
64	123	EDINEIA DA MATA MAE	F	48	F4549	9		PROJETO ARTE e VIDA	00:29:13.073
65	288	MARIA GONCALVES DIAS PRIMON	F	57	F5559	6		ACTION RUNNING	00:29:13.135
66	140	ELISANGELA PEROBELI BARONI	F	46	F4549	10		VIDA CORRIDA	00:29:14.643
67	376	SANDRA DE LIMA MELO LOPES	F	48	F4549	11		GRUPO DE CORRIDA EMA	00:29:16.218
68	434	VERA LUCIA PARMA	F	56	F5559	7		CORTA MARINGA	00:29:19.511
69	95	CLEUZA CREMONESI	F	57	F5559	8		ACORREMAR	00:29:34.207
70	254	LUCIMAR AP. BULLA STEFANO	F	61	F6064	4		OS DESAFIADORES DE MANDAGUACU	00:29:39.379
71	374	ROSILEIA JORGE DA CRUZ SOUSA	F	42	F4044	8			00:29:40.341
72	255	LUCIMARA NUNES GABRIEL	F	48	F4549	12			00:29:41.390
73	290	MARIA JOSE M. VIZENTIN	F	58	F5559	9		KEROLEN PERSONAL	00:29:50.056
74	300	MARISANGELA CRISTINA M. B. RIGOTTO	F	45	F4549	13		ACTION RUNNING	00:29:51.842
75	158	FERNANDA CAROLINA S. DA SILVA	F	33	F3034	6		INSTITUTO VC RUN	00:29:54.653

# 1ª CORRIDA CAPITAL DO RODEIO – COLORADO PR

## 5K FEM

76	24	ALINE RAFAELA DE MESQUITA	F	33	F3034	7		ACORREMAR	00:29:58.287
77	98	DAIANE DOS SANTOS MAGALHAES	F	32	F3034	8		INSTITUTO VC RUN	00:30:09.179
78	405	TATIANE LUIZA CALDEIRA FERREIRA	F	37	F3539	10		EMA	00:30:12.800
79	349	REGIANE TORRES R. ANDRADE	F	41	F4044	9			00:30:14.741
80	33	ANA PAULA ROCHA	F	42	F4044	10		INSTITUTO VC RUN	00:30:16.244
81	249	LUCIANI NUNES GABRIEL SANTOS	F	50	F5054	13			00:30:19.139
82	29	ANA BEATRIZ DA COSTA RANDO	F	24	F2024	2		TRIZZI PERSONAL	00:30:19.598
83	112	DEBORA CRISTINA BALDOQUI	F	50	F5054	14		SUPERACAO RUN	00:30:27.086
84	321	NEUSI LINJARDE	F	66	F6599	1		SUPERACAO RUN	00:30:29.710
85	311	MILENE CAROLINE B. AZEVEDO	F	34	F3034	9		CLUBE DE CORRIDA EMA	00:30:35.507
86	163	FRANCIELE ALMEIDA	F	40	F4044	11			00:30:46.061
87	327	OCILANIA CARDEAL MA. VICENTE	F	61	F6064	5		BARRACAOCERROAZU L	00:30:49.046
88	241	LIDIA GONCALVES DA CRUZ	F	51	F5054	15		PROJETO ARTE e VIDA	00:30:53.100
89	413	TATIANE ROSA	F	31	F3034	10		KEROLEN PERSONAL	00:31:05.837
90	286	MARIA DE LOURDES CANOVA	F	68	F6599	2			00:31:11.076
91	232	LAYNE NUNES	F	37	F3539	11		SUPERACAO RUN	00:31:14.020
92	54	APARECIDA OKADA OKOCHI	F	62	F6064	6		CORRA MARINGA	00:31:15.021
93	93	CLEIFA GARCIA PERUCHI TODON	F	44	F4044	12		PAICANDU RUNNING	00:31:16.338
94	105	DANIELLI LIMA	F	32	F3034	11		PROJETO ARTE e VIDA	00:31:32.609
95	350	REGINA PAULA VARGAS P. DINIZ	F	35	F3539	12		SUPERACAO RUN	00:31:32.906
96	96	CRISTIANE OLINI WATANABE	F	46	F4549	14		ACTION RUNNING	00:31:32.924
97	262	LUIZA PAULIN SANCHES	F	54	F5054	16		SUPERACAO RUN	00:31:40.631
98	375	SABRINA SEGA C. VALENCIO	F	34	F3034	12		SEGA	00:31:42.577
99	92	CLEIDE AP DE OLIVEIRA FONSECA	F	60	F6064	7			00:31:45.836
100	392	SIMONE RODRIGUES T. RIBEIRO	F	49	F4549	15		INSTITUTO VC RUN	00:31:48.911
101	293	MARIANA FERNANDES DOS SANTOS	F	30	F3034	13		INSTITUTO VC RUN	00:32:09.553
102	333	PATRICIA PEREIRA DA ROCHA	F	45	F4549	16		INSTITUTO VC RUN	00:32:10.623
103	346	RAQUEL ARDANA M. GUIMARAES	F	35	F3539	13		INSTITUTO VC RUN	00:32:14.563
104	309	MICHELE LUCIANE C. T. DOS SANTOS	F	48	F4549	17		INSTITUTO VC RUN	00:32:16.348
105	387	SILVIA MARICEL G. THEODORO	F	48	F4549	18		0	00:32:31.904
106	314	NALDE NARA DA SILVA ZINHANI	F	55	F5559	10		ACTION RUNNING	00:32:37.419
107	406	SUSYLEI DORIGAN	F	45	F4549	19		PAICANDU RUNNING	00:32:38.245
108	65	CAMILA CAROLINA UEDA	F	25	F2529	4		FOCCO	00:32:41.017
109	212	JOSIANE LIMA SILVA SANCHES	F	43	F4044	13		PROJETO ARTE e VIDA	00:32:45.033
110	43	ANDREIA ORTEGA	F	44	F4044	14		VIDA CORRIDA	00:32:57.261
111	31	ANA PAULA DE O. DOS SANTOS	F	43	F4044	15		VIDA CORRIDA	00:32:58.279
112	444	VIVIANE AKEMI BRUNELI	F	38	F3539	14			00:33:04.376
113	197	JESSIKA LORRAYNE C. MONTEIRO	F	31	F3034	14		VIDA CORRIDA	00:33:11.666
114	318	NEIVA AP FERREIRA MEIRELES	F	37	F3539	15		LOBATO	00:33:12.377

# 1ª CORRIDA CAPITAL DO RODEIO – COLORADO PR

## 5K FEM

115	385	SIDALHA EVANGELISTA DOS ANJOS	F	52	F5054	17		INSTITUTO VC RUN	00:33:19.909
116	114	DEONICE MARIA	F	59	F5559	11		KEROLEN PERSONAL	00:33:20.003
117	134	ELIANA CRISTINA DE OLIVEIRA	F	50	F5054	18		CORRA MARINGA	00:33:26.664
118	297	MARINALVA AP. DA S. FERREIRA	F	50	F5054	19		CORRA MARINGA	00:33:28.283
119	42	ANDREA MINANTI MACEDO	F	46	F4549	20		SANTA FE	00:33:40.133
120	159	FERNANDA DE SOUZA S. NAITO	F	35	F3539	16			00:33:52.476
121	221	JULLIA GATO MILANEZ	F	16	F1619	1		VIDA CORRIDA	00:34:33.896
122	48	ANTONIA SIMONE A. CARDOSO	F	52	F5054	20		C10	00:34:38.696
123	133	EDVAL RIGOLIN MONTEIRO	F	54	F5054	21		VIDA CORRIDA	00:34:41.194
124	80	CHRISTINE ALTAFINI G. MILANEZ	F	47	F4549	21		VIDA CORRIDA	00:34:41.662
125	412	TATIANE PEREIRA DIAS	F	37	F3539	17		KEROLEN PERSONAL	00:34:42.784
126	282	MARIA APARECIDA CAJAIBA	F	54	F5054	22		ROBERTINHO PERSONAL	00:34:47.774
127	402	SUELI DE FATIMA ASSIS MACENO	F	55	F5559	12		MARINGA RUNNERS	00:34:52.241
128	347	RAQUEL PAULA DE O. MOURA	F	50	F5054	23			00:35:05.463
129	217	JULIANA MARTINS DA CUNHA	F	42	F4044	16		ACTION RUNNING	00:35:13.520
130	223	KARIN SILVIA GUERINO	F	56	F5559	13			00:35:21.357
131	370	ROSANA DE OLIVEIRA MOIA	F	36	F3539	18		PROJETO ARTE e VIDA	00:35:24.969
132	216	JULIANA CARDOSO	F	44	F4044	17		INDIVIDUAL	00:35:27.389
133	175	GRACIELE HERMESDORFF H. GIOTTO	F	39	F3539	19		INSTITUTO VC RUN	00:35:35.574
134	429	VANESSA DO NASCIMENTO CARDOSO	F	32	F3034	15			00:35:39.390
135	287	MARIA DO CARMO D. MONTEIRO	F	68	F6599	3		PROJETO ARTE e VIDA	00:35:42.412
136	171	GIOVANNA MEIRA DE SOUZA	F	32	F3034	16		INSTITUTO VC RUN	00:36:05.130
137	281	MARIA AGOSTINHA C. DE OLIVEIRA	F	58	F5559	14		CORRA MARINGA	00:36:08.375
138	332	PAOLA DUDA	F	28	F2529	5			00:36:13.752
139	103	DANIELE FAUSTINO DA SILVA	F	26	F2529	6			00:36:15.814
140	124	EDITE CARUSO F. CARDOZO	F	63	F6064	8		NAO TENHO	00:36:19.394
141	430	VANESSA EMILENE	F	47	F4549	22		SUPERACAO RUN	00:36:22.792
142	135	ELIANA MARIA ESPINDOLA	F	45	F4549	23		FOCCO	00:36:30.802
143	151	EVANIA CAVENAGHI	F	49	F4549	24		NAO TENHO	00:36:31.973
144	315	NARIMA MITIYO O. BONOTO	F	54	F5054	24		RP RUNNERS BRASIL	00:36:35.171
145	380	SEBASTIANA LUIZA OMORI	F	60	F6064	9		PROJETO ARTE e VIDA	00:36:35.260
146	248	LUCIANA YOSHIKO HARADA	F	44	F4044	18		VIDA CORRIDA	00:36:39.600
147	400	SONIA REGINA VERSARI	F	52	F5054	25		NAO TENHO	00:36:39.704
148	295	MARIELE A N SERVULO	F	34	F3034	17		ACADEMIA CORPORE-BARACAO	00:36:54.160
149	113	DENISE DOLCE	F	45	F4549	25		PROJETO ARTE e VIDA	00:36:59.376
150	407	SUZANA ALVES DOS SANTOS	F	36	F3539	20		ITAUNA	00:36:59.786
151	20	ALEXANDRA ROSSETO	F	41	F4044	19		PROJETO ARTE e VIDA	00:37:01.712
152	404	SUELI OLIVEIRA DO SANTOS	F	44	F4044	20		VIDA CORRIDA	00:37:21.493
153	394	SIMONE VIEIRA VITRO	F	50	F5054	26		VIDA CORRIDA	00:37:44.707

# 1ª CORRIDA CAPITAL DO RODEIO – COLORADO PR

## 5K FEM

154	17	ALESSANDRA DE BRITO N. BONFIM	F	31	F3034	18		INSTITUTO VC RUN	00:37:49.715
155	235	LEATRICE EUFRAZIA MALINOSQUI	F	40	F4044	21			00:37:52.927
156	308	MAYLLA FERNANDA M. SOARES	F	29	F2529	7			00:38:23.879
157	30	ANA CARLA RADAEL	F	38	F3539	21		ACTION RUNNING	00:38:34.276
158	351	REGINA SOARES ROCHA	F	52	F5054	27		PROJETO ARTE e VIDA	00:38:48.708
159	201	JOICE APARECIDA M. DA SILVA	F	28	F2529	8			00:38:54.777
160	44	ANE GABRIELE CARDOSO PIOVESANI	F	24	F2024	3		FOCCO	00:39:01.295
161	190	JANAINA ESTEVAM	F	44	F4044	22		PROJETO ARTE e VIDA	00:39:13.502
162	154	FABIANA PAZIN	F	44	F4044	23		PAICANDU RUNNING	00:41:12.123
163	78	CELIA CRISTINA DE SOUZA BORGES	F	54	F5054	28		PROJETO ARTE e VIDA	00:41:26.741
164	53	APARECIDA DE JESUS S OLIVEIRA	F	51	F5054	29			00:41:29.031
165	348	RAYSA VOLPATO ALENCAR ARRAIS	F	32	F3034	19		INSTITUTO VC RUN	00:41:32.825
166	304	MARTA MARIA DE A. EVANGELISTA	F	46	F4549	26		INSTITUTO VC RUN	00:41:36.121
167	283	MARIA CLARA ORTEGA MOURA	F	20	F2024	4		VIDA CORRIDA	00:41:40.797
168	316	NATCHELE FERNANDA R. LIMA	F	31	F3034	20		CLUBE 12 KM	00:41:59.191
169	192	JANE CASSIA DE SOUZA PADULLA	F	52	F5054	30		PROJETO ARTE e VIDA	00:42:13.326
170	252	LUCILA DE C. SILVA TAMAMARU	F	57	F5559	15		PROJETO ARTE e VIDA	00:42:14.181
171	292	MARIA TEREZINHA F. XAVIER	F	74	F6599	4			00:42:25.493
172	126	EDNA BOLOTTI MOLINA	F	60	F6064	10		MARINGA RUNNERS	00:42:33.141
173	28	AMANDA CARVALHO HEREDIA	F	27	F2529	9		INSTITUTO VC RUN	00:42:52.210
174	343	PRISCILLA AP. DE LIMA DAVI	F	38	F3539	22			00:44:19.013
175	305	MASSAKO TAKEHANA SATAKE	F	74	F6599	5		PROJETO ARTE e VIDA	00:44:23.412
176	247	LUCIANA DOS SANTOS R. LANCI	F	49	F4549	27		INSTITUTO VC RUN	00:45:25.922
177	401	SORAYA CRISTINA S. R. PLAZA	F	46	F4549	28		INSTITUTO VC RUN	00:45:27.358
178	41	ANDREA LUCIANA B. BARBOSA	F	52	F5054	31		VIDA CORRIDA	00:45:36.159
179	397	SONIA APARECIDA SENRA	F	63	F6064	11		VIDA CORRIDA	00:47:55.317
180	403	SUELI MOIA BARBIERO	F	62	F6064	12		PROJETO ARTE e VIDA	00:48:16.876
181	324	NILDA UMBELINO	F	70	F6599	6		VIDA CORRIDA	00:48:55.149
182	242	LILIAN DE FATIMA SILVEIRA	F	46	F4549	29		INSTITUTO VC RUN	00:49:19.939
183	389	SIMONE APARECIDA DIAS TOMITA	F	44	F4044	24		INSTITUTO VC RUN	00:50:40.459
184	310	MICHELLE DAYANE M. DE OLIVEIRA	F	42	F4044	25		INSTITUTO VC RUN	00:50:41.456
185	184	IRENILDA CARDOSO DE OLIVEIRA	F	58	F5559	16		INSTITUTO VC RUN	00:50:42.453