

# 2ª FICAR Country Running - Super 5K

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## FAIXA ETARIA - 5K FEM INVÁLIDO

Coloc.	Num. Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
<b>FEMININO DE 16 ATÉ 24 ANOS</b>									
Coloc.	Num. Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
1	1211	ZULEICA CUSTODIO DOS SANTOS	F	21	F1624	S .	CAPTOM	00:28:38	00:28:39
2	1178	SARA BARBOSA DO VALE	F	17	F1624	S .	TARUMA	00:30:07	00:30:07
3	1132	MONICA CRISTINA DOS SANTOS	F	24	F1624	S .	SPEED LIFE	00:30:13	00:30:13
4	1192	THAIS ZAMBALDI DOS SANTOS	F	24	F1624	S .	SPEED LIFE	00:31:22	00:31:22
5	1117	MARIA JULIA SOARES	F	23	F1624	S .	GM RUNNING	00:34:28	00:34:43
6	1042	HELOISE DE SOUSA DA SILVA	F	18	F1624	S .	TARUMA	00:35:21	00:35:24
7	860	BRUNA DE SOUZA REZENDE	F	23	F1624	S .	TRAINING ELIANA ONOFRE	00:36:41	00:36:51
8	1072	JULIA KILL DA SILVA	F	24	F1624	S .	TARUMA	00:36:46	00:36:50
9	1151	RAFAELLA KILL DA SILVA	F	21	F1624	S .	TARUMA	00:38:56	00:39:01
10	1133	MONIQUE PASCOAL	F	19	F1624	S .	ACORRENORPI	00:41:10	00:41:20

## FEMININO DE 25 ATÉ 29 ANOS

Coloc.	Num. Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
1	1106	MAISA PAULINO FURTADO	F	25	F2529	S .	TEAN ORTEGA	00:25:06	00:25:06
2	986	DAIANE APARECIDA LOPES VIEIRA	F	29	F2529	S .	TARUMA	00:28:17	00:28:17
3	1134	NAYARA MORAES OLIVEIRA	F	28	F2529	S .	GM RUNNING / QUINTAL DA TOMMY	00:29:15	00:29:19
4	1051	JESSICA RODRIGUES	F	28	F2529	S .	ANAS 4 RUN	00:29:33	00:29:33
5	1129	MICHELLE BALDO ZARATINI	F	29	F2529	S .	GM RUNNING	00:30:41	00:30:50
6	1142	PATRICIA DA SILVA PEREIRA	F	25	F2529	S .	CAPTOM	00:30:55	00:31:16
7	990	DANIELA GALEGO	F	27	F2529	S .	CAMPCORE	00:32:50	00:32:56
8	1150	RAFAELA BARCHI	F	27	F2529	S .	GM RUNNING	00:33:16	00:33:32
9	996	DIANA CINTIA DA SILVA	F	29	F2529	S .	STA CRUZ RUNNERS	00:34:45	00:34:46
10	1022	ERIKA SOUZA SANTANA	F	25	F2529	S .	GM RUNNING	00:37:13	00:37:24
11	1078	KAROLINE MARTINS THAUMATURGO	F	27	F2529	S .	GM RUNNING	00:38:12	00:38:25
12	1141	PAMELA CRISTINA TEIXEIRA PAES	F	25	F2529	S .	LIFE RUNNES	00:47:08	00:47:27
13	844	BIANCA CAROLINE VIANA GALVAO	F	27	F2529	S .	LIFE RUNNES	00:47:08	00:47:27
14	978	CINTIA MARIA LEMES	F	26	F2529	S .	ACADEMIA BOA FORMA	01:09:00	01:09:00

## FEMININO DE 30 ATÉ 34 ANOS

Coloc.	Num. Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
1	1176	RUBIA OROFINO	F	32	F3034	S .	TEAM ORTEGA / GM RUNNING	00:24:36	00:24:36
2	1016	ELISA SAYURI ISHIMATSU	F	33	F3034	S .	ACORRECOP	00:25:40	00:25:44
3	1079	KATIUCYA DAL CORSO	F	31	F3034	S .	GM RUNNING	00:27:17	00:27:17
4	1049	JACK PORTO	F	33	F3034	S .	ANAS 4 RUN	00:29:19	00:29:19
5	589	JULIANA ASSIS	F	31	F3034	S .	YOGAP	00:29:28	00:29:33
6	1181	SILVIA REGIINA	F	33	F3034	S .	ATLETAS NO COMANDO	00:29:48	00:29:50
7	1184	SIMONE RIBEIRO B. DOS SANTOS	F	33	F3034	S .	CAPTOM	00:30:24	00:30:25
8	441	ANA RITA DA SILVA PATEZ	F	33	F3034	S .	MLF	00:31:15	00:31:19
9	1131	MISLAINE C. FACHIANO MANFIO	F	33	F3034	S .		00:32:52	00:33:08
10	1085	LARA GABRIELA DAVID MATTOS	F	34	F3034	S .	LIFE RUNNERS	00:33:01	00:33:19
11	1084	LAIS ROCHA	F	31	F3034	S .	PEDRINHAS RUNNERS	00:36:55	00:37:18
12	1156	RENATA ANDRADE MANFIO	F	34	F3034	S .	GM RUNNING	00:39:07	00:39:23
13	869	BRUNA SANTOS SOUZA	F	30	F3034	S .	PAIS E FILHOS	00:39:22	00:39:31
14	989	DANIELA FONTANA PORTO	F	34	F3034	S .	GM RUNNING	00:41:11	00:41:23

## FEMININO DE 35 ATÉ 39 ANOS

Coloc.	Num. Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
1	531	ANDREIA BARBOSA DO VALE	F	36	F3539	S .	TARUMA	00:24:37	00:24:37
2	1148	PRISCILLA HELENA ALVES	F	35	F3539	S .	MELAU DECORACOES	00:25:45	00:26:00
3	976	CIBELE APARECIDA TAVARES	F	37	F3539	S .	STA CRUZ RUNNERS	00:26:09	00:26:11
4	977	CINTIA CARIGNATTO	F	36	F3539	S .	GM RUNNING	00:28:34	00:28:37
5	1168	ROSA MARIA CONSOLI	F	39	F3539	S .	GM RUNNING	00:28:38	00:28:47
6	1120	MARIANA DE CAMARGO BUENO	F	39	F3539	S .	GM RUNNING	00:29:25	00:29:34
7	1081	KELY CRISTINA COVOLAN	F	38	F3539	S .	STA CRUZ RUNNERS	00:29:58	00:29:58
8	1076	JUNAIL PONCIANO GALVAO	F	39	F3539	S .	ACORRECOP	00:31:08	00:31:15
9	1014	ELIANA ONOFRE	F	38	F3539	S .	TRAINING ELIANA ONOFRE	00:31:58	00:32:07
10	1172	ROSILENE DE MATOS SANTOS	F	39	F3539	S .	STUDIO R2	00:32:18	00:32:25
11	405	ALINE	F	39	F3539	S .	CORRER BEM A. ESP. OURINHOS	00:32:40	00:32:40
12	1191	TELMA REGINA BRITO PEREIRA	F	38	F3539	S .	TARUMA	00:33:04	00:33:04
13	1200	VALERIA FERNANDA DE ALMEIDA	F	38	F3539	S .	GM RUNNING	00:36:05	00:36:18
14	980	CLAUDENICE DUARTE	F	37	F3539	S .	TARUMA	01:14:54	01:14:54
15	985	DAIANA APARECIDA MUNHOZ	F	37	F3539	S .	BIO FITNESS RUNNING	01:38:56	01:38:56

## FEMININO DE 40 ATÉ 44 ANOS

Coloc.	Num. Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
1	1212	PATRICIA DANIELA L DANERE	F	42	F4044	S .	EQUIPE POMPEIA	00:24:57	00:24:57

2	408	ANA MARIA FERREIRA CORREIA	F	43	F4044	S .	TEAM ORTEGA	00:25:20	00:25:20
3	1203	VANIA PRICILA ALEXANDRINO	F	42	F4044	S .	ACORRECOP	00:25:48	00:25:48
4	1155	REGINA APARECIDA SANTANA	F	43	F4044	S .	ACADEMIA COLISEU	00:26:13	00:26:13
5	1202	VANESSA PATRICIA ALEXANDRINO MORAES	F	42	F4044	S .	ACORRECOP	00:26:38	00:26:38
6	1121	MARILIA JULIA MANCUSO	F	40	F4044	S .	HF TREINAMENTO ESPORTIVO	00:26:44	00:26:51
7	500	ANDREA DE SOUZA RODRIGUES	F	43	F4044	S .	ANAS4RUN/THE RUNNING 4 JESUS	00:28:11	00:28:11
8	1015	ELIETE CARDOZO	F	43	F4044	S .	ACORRECOP	00:28:58	00:28:58
9	230	ADAIANI P. G. HORACIO DA SILVA	F	42	F4044	S .	EQUIPE MOVE/ACORRECOP	00:29:36	00:29:42
10	1190	TANIA CRISTINA BRITO DA SILVA	F	42	F4044	S .	TARUMA	00:29:42	00:29:43
11	1095	LUCIANE PAES DO AMARAL	F	42	F4044	S .	LIFE RUNNERS	00:33:52	00:34:12
12	1074	JULIANA BARROS PAYAO	F	41	F4044	S .	GM RUNNING	00:34:33	00:34:41
13	1122	MARILSA BORGES	F	42	F4044	S .	GM RUNNING	00:34:35	00:34:44
14	1040	HELENA MARIA DE SOUZA	F	41	F4044	S .	CORRE CHAVANTES	00:36:03	00:36:08
15	1075	JULIANA CORREA FRANCISCANI	F	44	F4044	S .	GM RUNNING	00:36:05	00:36:18
16	1017	ELIZABETH MAIA	F	44	F4044	S .	GM RUNNING	00:36:10	00:36:28
17	1094	LUCIANA APARECIDA GIMENES	F	43	F4044	S .	LIFE RUNNERS	00:36:43	00:37:02
18	728	BARBARA CRISTIANE M. PEREIRA	F	44	F4044	S .	SPORTLIFE	00:37:29	00:37:34
19	1005	EDNALVA MOREIRA R. DA COSTA	F	43	F4044	S .	TRAINING ELIANA ONOFRE	00:38:40	00:38:55
20	973	CASSIA SANTOS	F	40	F4044	S .	CABONNET RUNNERS	00:41:04	00:41:16
21	432	ANA PAULA DE SOUZA GALVAO	F	42	F4044	S .	LIFE RUNNES	00:51:00	00:51:00

### FEMININO DE 45 ATÉ 49 ANOS

Coloc. Num.	Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
1	1048	IVONE AP. PAULINO MANZANO	F	48	F4549	S .	CORRER BEM A. OURINHOS	00:25:36	00:25:36
2	1050	JANE APARECIDA MOREIRA	F	47	F4549	S .		00:26:05	00:26:05
3	1170	ROSANA CRISTINA TORCHETTO OLIVEIRA	F	47	F4549	S .	ACORRECOP	00:27:12	00:27:17
4	1182	SIMONE A. RODRIGUES PINHEIRO	F	45	F4549	S .	MELAU DECORACAO	00:27:59	00:28:13
5	1080	KELLY CRISTINA DOS S. SALOMAO	F	49	F4549	S .	PARAGUACU RUNNERS	00:28:18	00:28:27
6	1041	HELENICE TEIXEIRA SILVA	F	48	F4549	S .	LIFE RUNNES	00:30:27	00:30:44
7	1031	FERNANDA KILL DA SILVA	F	45	F4549	S .	TARUMA	00:32:49	00:32:52
8	1187	SOLANGE RIBEIRO	F	45	F4549	S .	MEGA ACADEMIA	00:34:39	00:34:42
9	1183	SIMONE GOMES MARCELINO	F	45	F4549	S .	ACORRECOP	00:34:58	00:35:06
10	1197	VALDELISA NEVES	F	49	F4549	S .	LIFE RUNNERS	00:37:29	00:37:49
11	266	ADRIANA CRISTINA RATZ SANTOS	F	45	F4549	S .	TRAINING ELIANA ONOFRE	00:39:19	00:39:34
12	1169	ROSANA APARECIDA TOLEDO	F	45	F4549	S .	ANAS 4 RUN	00:54:34	00:54:55

### FEMININO DE 50 ATÉ 54 ANOS

Coloc. Num.	Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
1	1210	ZORAIDE MARIA GAIOTTO DO ROSARIO	F	52	F5054	S .	ACORRECOP	00:24:33	00:24:35
2	1012	ELENA BUENO	F	52	F5054	S .	TEAM ORTEGA	00:27:15	00:27:15
3	1013	ELIANA AP SPINDOLA	F	50	F5054	S .	LIFE RUNNERS	00:28:12	00:28:29
4	1028	FATIMA TERESINHA R. MONTEIRO	F	53	F5054	S .	TEAM ORTEGA	00:28:17	00:28:17
5	1185	SIRLEI RICARDO DE QUEVEDO	F	54	F5054	S .	LIFE RUNNERS	00:29:37	00:29:56
6	1123	MARIZA MACHADO	F	51	F5054	S .	GM RUNNING	00:32:46	00:32:55
7	721	AUREA ALVES PEREIRA	F	50	F5054	S .	ACORRECOP	00:32:50	00:32:58
8	1136	NEUSA MARIA DIONISIO VESSANI	F	51	F5054	S .	CAMP CORE	00:33:35	00:33:47
9	1116	MARIA DE FATIMA PAULINO	F	53	F5054	S .	TRAINING ELIANA ONOFRE	00:33:49	00:34:15
10	1046	INES PASCOALINO SALLES	F	50	F5054	S .	ACORRECOP	00:34:59	00:35:06
11	1099	LUCIMAR BENETATI	F	50	F5054	S .		00:51:04	00:51:18

### FEMININO DE 55 ATÉ 59 ANOS

Coloc. Num.	Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
1	1124	MARLETE MOREIRA VIEIRA	F	59	F5559	S .	LIFE RUNNERS MARACAI	00:28:18	00:28:19
2	1104	LUIZA CRISTINA BIAZAO	F	56	F5559	S .	PALMITALSOVAI	00:30:36	00:30:36
3	1173	ROSIRENE T. DE M. CASTRO E SOUZA	F	55	F5559	S .	AJS MENTORIA ESPORTIVA	00:42:05	00:42:05
4	1188	SUELI ALMEIDA	F	56	F5559	S .	LIFE RUNNERS	00:44:58	00:45:19
5	1025	EUNICE PEREIRA DE ALMEIDA	F	58	F5559	S .	AVULSO	00:48:15	00:48:27
6	984	CLEUDINETE TEIXEIRA RAMOS	F	55	F5559	S .	LIFE RUNNES	00:49:37	00:49:37

### FEMININO DE 60 ATÉ 64 ANOS

Coloc. Num.	Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
1	1118	MARIA LUCIA FELIPE	F	61	F6064	S .	MEGA ACADEMIA	00:26:02	00:26:04

### FEMININO DE 65 ATÉ 69 ANOS

Coloc. Num.	Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto
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### FEMININO DE 70 ATÉ 99 ANOS

Coloc. Num.	Atleta	Sx.	Idd.	Faixa	F.E C.	Equipe	Liquido	Bruto	
1	533	ANTONIA CALBENTE MORALES	F	71	F7099	S .	ANAS4RUNRUN	00:54:03	00:54:23